**Your Achilles Heel**

**Reading – 1 Corinthians 10:1-12**

***(1 Corinthians 10:13) No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.***

Synonyms for "tempt" include: 1) Attract, 2) invite; 3) entice ***(Proverbs 1:10) My child, if sinners entice you, do not consent.***

**The Process of Temptation*. (James 1:13-15) No one, when tempted, should say, "I am being tempted by God"; for God cannot be tempted by evil and he himself tempts no one. {14} But one is tempted by one's own desire, being lured and enticed by it; {15} then, when that desire has conceived, it gives birth to sin, and that sin, when it is fully grown, gives birth to death.***

***(Hebrews 4:15)*** says, ***For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin.***

**Rest assured, We Will Be Tempted** ***(Luke 17:1-2) Jesus said to his disciples, "Occasions for stumbling are bound to come, but woe to anyone by whom they come! {2} It would be better for you if a millstone were hung around your neck and you were thrown into the sea than for you to cause one of these little ones to stumble..***

***(1 Kings 21:20-22) Ahab said to Elijah, "Have you found me, O my enemy?" He answered, "I have found you. Because you have sold yourself to do what is evil in the sight of the LORD, {21} I will bring disaster on you; I will consume you, and will cut off from Ahab every male, bond or free, in Israel; {22} and I will make your house like the house of Jeroboam son of Nebat, and like the house of Baasha son of Ahijah, because you have provoked me to anger and have caused Israel to sin.***

**Temptations are aimed at Our Most Vulnerable Spot:**

You are Achilles, and Satan is Apollo***: (Psalms 11:2) for look, the wicked bend the bow, they have fitted their arrow to the string, to shoot in the dark at the upright in heart.***

***(Job 9:17-18) For he crushes me with a tempest, and multiplies my wounds without cause; {18} he will not let me get my breath, but fills me with bitterness.***

 **We Can Overcome All Temptation** ***(1 Corinthians 10:13)***

***(Matthew 10:24) "A disciple is not above his teacher, nor a servant above his master.***

***(2 Peter 2:9) the Lord knows how to deliver the godly out of temptations and to reserve the unjust under punishment for the day of judgment,***

Follow Christ's example -- ***(Hebrews 2:18) For in that He Himself has suffered, being tempted, He is able to aid those who are tempted.***

Fill our lives with godliness -- ***(Matthew 12:43-45) "When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. {44} "Then he says, 'I will return to my house from which I came.' And when he comes, he finds it empty, swept, and put in order. {45} "Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first. So shall it also be with this wicked generation."***

Our most neglected ally is prayer. ***(James 4:6-8)*** says, ***"God resists the proud, But gives grace to the humble." {7} Therefore submit to God. Resist the devil and he will flee from you. {8} Draw near to God and He will draw near to you***

Although temptation is not sinful, dwelling on the gratification evil might bring is sinful***: (Matthew 5:27-28) "You have heard that it was said to those of old, 'You shall not commit adultery.' {28} "But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.***