Defeating Sin

Reading - 1 Corinthians 10:1-13

***Psalms 51:3 "For I know my transgressions, and my sin is ever before me."***

**This sin did not become an ingrained habit overnight.**

All sin tends to be progressive in nature. ***(James 1:14-15) But each one is tempted when he is drawn away by his own desires and enticed. {15} Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.***

Examples are all around us in the world. ***(Ephesians 4:17-19) This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the futility of their mind, {18} having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their heart; {19} who, being past feeling, have given themselves over to lewdness, to work all uncleanness with greediness.***

***(1 Corinthians 6:18) Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body***.

***(James 4:7) Therefore submit to God. Resist the devil and he will flee from you.***

***(Romans 13:14)***… ***put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts.***

***(1 Thessalonians 5:22) Abstain from every form of evil.***

**what about right now?**

First, focus on the SPIRITUAL CONSEQUENCES. ***(Isaiah 59:1-2) Behold, the Lord's hand is not shortened, That it cannot save; Nor His ear heavy, That it cannot hear. {2} But your iniquities have separated you from your God; And your sins have hidden His face from you, So that He will not hear.***

Second, remember what God said about a rich, meaningful life. ***(Ecclesiastes 12:13) Let us hear the conclusion of the whole matter: Fear God and keep His commandments, For this is man's all.***

***(2 Timothy 4:7-8) I have fought the good fight, I have finished the race, I have kept the faith. {8} Finally, there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will give to me on that Day, and not to me only but also to all who have loved His appearing.***

Third, fight back with FASTING & PRAYER. ***(1 Thessalonians 5:17) … pray without ceasing,***… ***(Philippians 4:6-7) Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; {7} and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.***

***(James 5:16) Confess your trespasses to one another, and pray for one another, that you may be healed.***