

# Lesson Six: Psalms of Repentance

## Lesson Text

Psalms 6; 32; 38; 51

## Daily Bible Reading



**Monday**  
Psalm 6

**Tuesday**  
Psalm 32

**Thursday**  
Psalm 38

**Friday**  
Psalm 51

**Saturday**  
Psalms 102 and 130

## Lesson Concept



**INSPIRED  
SCRIPTURE**  
Changing man's  
relationship with God

### Psalm 6: A Prayer in Time of Adversity

1. Why was the psalmist seeking the mercy of God?
2. What is the primary meaning of verse five?
3. What, in the psalm, showed the psalmist to be suffering?
4. What resulted when the Lord heard this prayer?
5. How does this psalm illustrate an attitude of penance?

### Psalm 32: Rejoicing in Forgiveness

6. What is the theme of this psalm as set forth in verses one and two?
7. What were the results of the "silence" of verses three and four? Contrast the "silence" with the confession of verse five. Describe David's state of mind during each of these periods.
8. What caused David to confess his sin? What does he recommend after finding forgiveness for himself?
9. How does God provide refuge? What are some results of that refuge?
10. What advice does David give to others in verses eight and nine?
11. What are some results of trusting in the Lord?

### Psalm 38: A Prayer of David in Time of Chastening

12. What is chastening? What did the psalmist desire concerning it?
13. What were the direct results of the Lord's chastening?
14. Who were the psalmist's enemies? What characteristics did they possess?
15. Since the psalmist regarded the Lord as the source of his chastening, does that mean that God is the source of man's suffering? Explain.
16. How was the Lord his "salvation?"

**Psalm 51: David's Prayer of Repentance**

17. What prompted the writing of this psalm?
18. What is the chief lesson to be learned from this psalm?
19. What is meant in verse five when David says he "was brought forth in iniquity" and that "in sin" his mother conceived him?
20. What are some natural consequences of one who has been forgiven by God?