

Psalm of David.

Bless the Lord, O my Soul! ---Soulful worship!---An Insomniacs Psalm!

Song: Bless His Holy Name #81.

Simple outline of Psalm 103

- 1) **Talk to your soul, Tell it to Bless the Lord with all that is in you! (1 and 2).**
- 2) **Reasons to bless the Lord and remember. Know this! 17 verses(2b-19).**
- 3) **A joyful reminder of the future of the faithful(20-22)**

*103 Bless the Lord, O my soul,
and all that is within me,
bless his holy name!*

*2 Bless the Lord, O my soul,
and forget not all his benefits,*

God has forgiven you!

*2 Bless the Lord, O my soul,
and forget not all his benefits,*

*3 who forgives all your iniquity,
who heals all your diseases,*

*4 who redeems your life from the pit,
who crowns you with steadfast love and mercy,*

But wait there is more on forgiveness

*10 He does not deal with us according to our sins,
nor repay us according to our iniquities.*

*11 For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;*

*12 as far as the east is from the west,
so far does he remove our transgressions from us.*

Actions of the Father.

Start at 4b

who crowns you with steadfast love and mercy,

*5 who satisfies you with good
so that your youth is renewed like the eagle's.*

*6 The Lord works righteousness
and justice for all who are oppressed.*

Isaiah 40:21-31 and Luke 16:32

7 *He made known his ways to Moses,
his acts to the people of Israel.*
8 *The Lord is merciful and gracious,
slow to anger and abounding in steadfast love.*
9 *He will not always chide,
nor will he keep his anger forever.*
10 *He does not deal with us according to our sins,
nor repay us according to our iniquities.*
11 *For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;*

God knows us!

13 *As a father shows compassion to his children,
so the Lord shows compassion to those who fear him.*
14 *For he knows our frame;[a]
he remembers that we are dust.*

15 *As for man, his days are like grass;
he flourishes like a flower of the field;
16 for the wind passes over it, and it is gone,
and its place knows it no more.*

What will last!

17 *But the steadfast love of the Lord is from everlasting to everlasting on those who fear
him, and his righteousness to children's children,
18 to those who keep his covenant
and remember to do his commandments.*
19 *The Lord has established his throne in the heavens,
and his kingdom rules over all.*

A brand new 1st day of the Week!

20 *Bless the Lord, O you his angels,
you mighty ones who do his word,
obeying the voice of his word!*
21 *Bless the Lord, all his hosts,
his ministers, who do his will!*
22 *Bless the Lord, all his works,
in all places of his dominion.*
Bless the Lord, O my soul!

Do you want rest for your soul? Offer the Lord your everything.

Psalm 103 an answer to the question How should I worship the Lord?

<https://www.beavertonchurchofchrist.net/> <https://westpalmbeachchurchofchrist.com/old-testament/psalms/soulful-worship.html> <https://www.roseavenue.org/Study-Materials/Sermon-Outlines/Psalms%20Studies/Psalm103.html>